

April 2011

## TEXAS CHAPTER Z2



### GWRRA Region H MCKINNEY, TEXAS

Meeting the fourth Thursday at Fuddruckers,  
2045 S. Central Expy. McKinney, Texas  
Dinner at 6:30 PM Meeting at 7:00 PM



**Chapter Directors**  
Rick & Dorinda Maier  
[Z2link@aol.com](mailto:Z2link@aol.com)

**Asst. Chapter Directors**  
Charles & Helen Dunn  
[hdunn69584220@aol.com](mailto:hdunn69584220@aol.com)

**Chapter Educators**  
TBA

**Secretary Treasurer**  
Sandy Prowant  
[Sandy.mp@sbcglobal.net](mailto:Sandy.mp@sbcglobal.net)

**Road Captain**  
Ed & Debbie Neal  
[edneal77@tx.rr.com](mailto:edneal77@tx.rr.com)

**Newsletter Editors**  
Rich & Vicki Boslow  
[lonestarz2s@gmail.com](mailto:lonestarz2s@gmail.com)

[www.lonestarz2.org](http://www.lonestarz2.org)



From the Directors' Chair.....

We hope that everyone is getting a lot of good riding opportunities – if you can avoid the wind, hail and rain that have been a deterrent of late.

We want to thank everyone that made time in his/her busy schedule to go with us on the Edom ride. We had a great time – and a really great meal. The food at “The Shed” is certainly worth the trip. Everyone took a leisurely stroll through the shops in town to let lunch settle – and then had a really nice ride back home. Thanks to Rich for guiding us there and back.

Please make sure to put the Bluebonnet Ride on your calendar for April 30<sup>th</sup>. The bluebonnets along the way to Edom were beautiful, so I hope they'll hang on until our ride! We encourage everyone to invite a friend to ride with us, regardless of what they ride – and let's make it another great ride for our Chapter.

The Region H Convention was a big success for Chapter Z2. Our “Show Horses” once again put Z2 on the map by taking the bike show by storm. Congratulations to Charles Dunn, whose bike was judged “Best in Show”, and for the trophies brought home by James Smith and Ed Neal. I know that all of GWRRA fears Z2 when it is time for the bike show!

Our pine car raced admirably, but fell short in the end. We were in the hunt until the very end and had some very close and exciting races.

The next big event is the District Convention in Killeen on May 12-14, 2011. We will not be able to go this year due to work commitments – but hope that everyone that can go will do so.

Summer traffic is picking up – so please be extra careful when you are on the roads. It's getting warmer – but don't forego the safety gear in an effort to beat the heat. Remember to keep hydrated too! This is critical as the Texas heat settles in!

Ride Safe!  
Rick & Dorinda

# Chapter Talk

On March 11, 2011, GWRRA Chapter Lonestar Z2 Planning and Chapter meeting was called to order by Chapter Director, Rick Maier at 7:01PM. We are having a combined meeting because the Region H Convention in Plano begins on our regular chapter meeting night. There will be a dinner at Maxim Honda in Allen starting at 7PM on that night. The Pledge and a Moment of Silence were recited and observed, respectively. The safety topic tonight was about riding in crosswinds, which is very appropriate at this time. We have been having some really strong winds! Remember that the bike will not lose traction...pick the center track....plan ahead and anticipate! Relax!!! Trike riders: move from side to side as wind blows....different since you can't lean as on 2 wheels. Slow Down! For 2 wheelers it is most dangerous on a curve when the wind blows. Follow through on the curve until you can straighten out. Norm and Nancy were presented the medallion for Couple of the Year (COY). Rick talked about the Officer Certification Training that he, Dorinda, Helen and Charles Dunn attended in OK. Region "H" needs someone from the chapter to "man" the Fun Run Table on Saturday morning. A windshield cover was shown for approval of the chapter. Hopefully, we will be able to have them made for those wanting it in time for the District Convention in Killeen on May 12-14, 2011. Discussion on how to dress our "hero" Lone Ranger for the District Convention. Decided on shirt...blue, pants...gray. Prizes and 50/50 awarded. Meeting adjourned at 8:20PM. (As a side, Rick proposed that we only have a planning meeting once a quarter, and we should use the night for a ride instead....needs to be further discussed at next meeting!)

## An Unusual Funeral

A man was leaving a convenience store with his morning coffee when he noticed a most unusual funeral procession approaching the nearby cemetery.

A long black hearse was followed by a second long black hearse about 50 feet behind the first one. Behind the second hearse was a solitary man walking a dog on a leash. Behind him, a short distance back, were about 200 men walking single file.

The man couldn't stand the curiosity. He respectfully approached the man walking the dog and said, 'I am so sorry for your loss, and this may be a bad time to disturb you, but I've never seen a funeral like this. Whose funeral is it?'

'My wife's.

"What happened to her?'

The man replied, 'My dog attacked and killed her'

He inquired further, 'But who is in the second hearse?'

The man answered, 'My mother-in-law. She was trying to help my wife when the dog turned on her.'

A poignant and thoughtful moment of silence passed between the two men.

'Can I borrow the dog?'

The man replied, 'Get in line.'

## Cooling Down In Very Hot Weather

Riding when the temperature is well in excess of 90 degrees can be dangerous to your health. Unless you take care to keep your body temperature under control even rides as short as an hour can result in heat-prostration or even sun-stroke.

Many riders know that if you keep your neck cool, because the large veins that feed your brain are so close to the surface, you greatly diminish these health risks. There are two very popular devices that are simple and effective in this regard.

One is called a 'cool collar' and is made from a tube of bandana material that contains some water absorbing beads sewn into it. The beads increase in size about 50 TIMES over when they are dry. Thus, when dry, these collars store easily and take up very little room. But getting them wet is not as easy as it sounds. That is, you have to take a dry collar and submerge it in water for up to 1 hour before it has absorbed all the water it can. That hour is often not available to you when you need it.

The reason the collar works to cool you off is that it takes even longer for the beads to dry out than it did to get them wet. That is, water will evaporate from them over a several hour period. Any evaporation activity cools - but only marginally so from the wearer's point of view. That is, within half an hour of putting one of these collars around your neck, even if it had been in a freezer before you put it on, the collar will be very nearly at the temperature of the air around it.

Far better than these 'cool collars', I have found, is the original design of them (sometimes called 'Kool Kollars'). These are usually made of terry-cloth sewn together in such a way as to contain a pocket into which a zip-lock bag is placed. These are filled with ice! This type of collar REALLY cools your neck as the ice melts, AND they drip cool water. That dripping leaves the front and back of your shirt sopping wet over time which provides a huge source of evaporation - i.e., it helps to COOL!

At every pit stop you make you can refill the 'Kollar' with ice (just pour in a glass of ice water, ice and all).

The bead filled collar cannot be rapidly cooled again once it has gotten warm. Thus, you usually find that people that use them have two - one of which is always sitting in an ice-chest.

One more way to handle high heat - those of you that wear skull-caps (helmet liners) can simply saturate them with water before putting them on. This works very well indeed, for about half an hour.

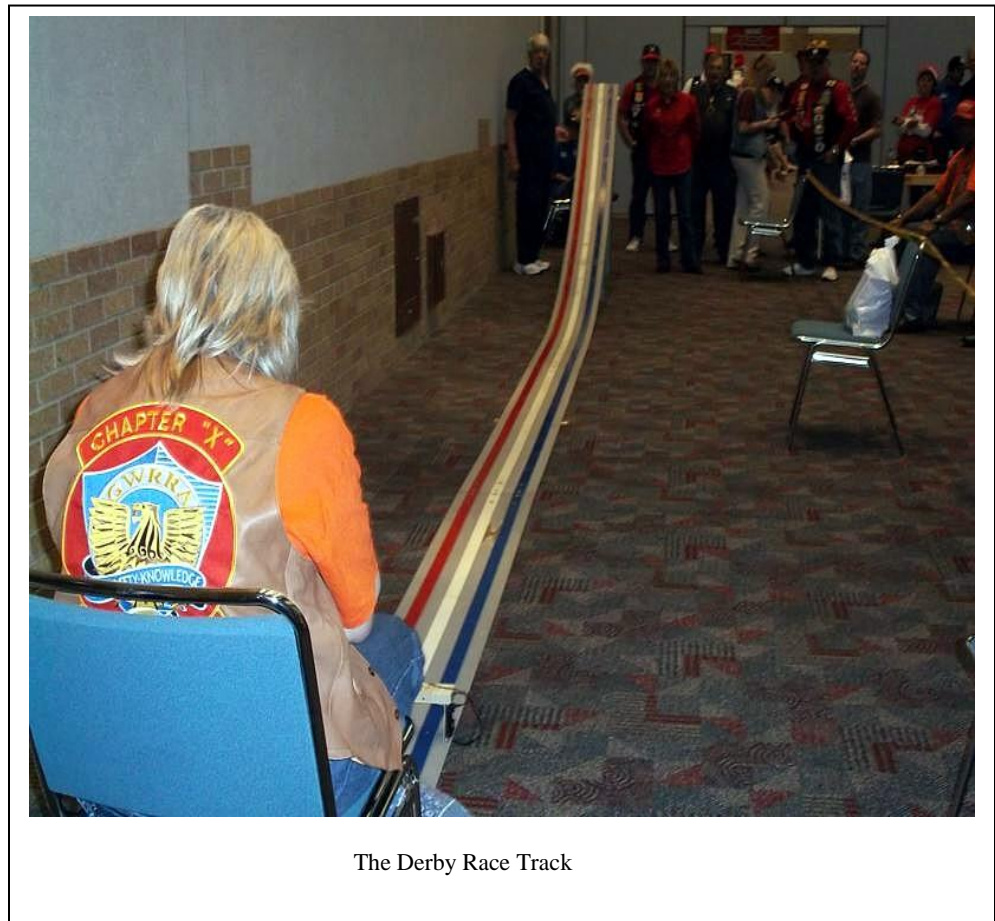
Further, of course, simply pouring water on your shirt helps a great deal - again, because it provides a huge area over which evaporation takes place.

While on the subject let me remind you that your wet shirt is not the only large area that evaporates - all of your exposed skin does the same. Thus, you NEED to DRINK lots of fluids too!!!

# Region H District Convention, Plano, TX March 2011

CD Rick Maier

Top: Charles Dunn & Debbie Neal  
Lower: Dorinda & Rick Maier



The Derby Race Track